



FreeStyle Libre 14 day

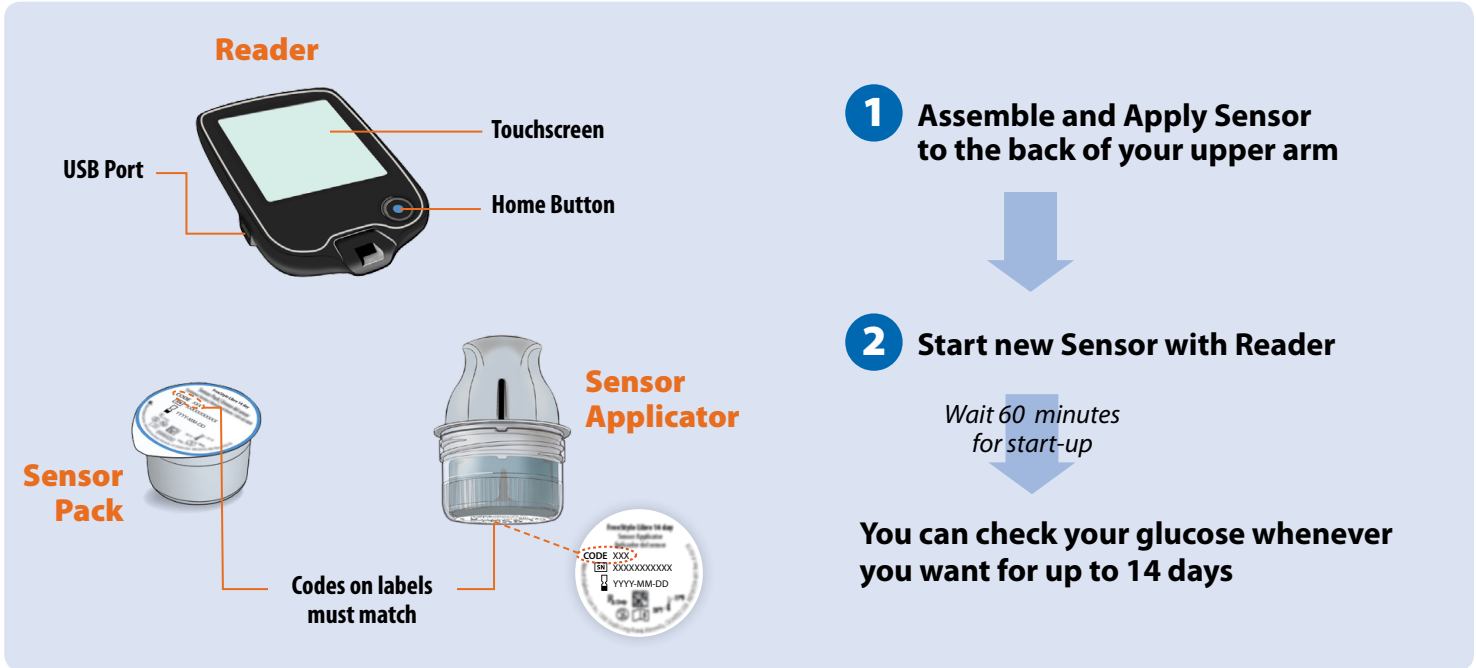
FLASH GLUCOSE MONITORING SYSTEM

Quick Start Guide for FreeStyle Libre 14 day Reader



Setup Overview

Refer to your User's Manual for full system instructions and information.



1 Assemble and Apply Sensor to the back of your upper arm

Get Ready

STEP 1

Select site on back of upper arm. Do not use other sites as these are not approved and may result in inaccurate glucose readings.
Note: Avoid scars, moles, stretch marks, lumps, and insulin injection sites. To prevent skin irritation, rotate sites between applications.

STEP 2

Clean site with alcohol wipe. Allow site to dry before proceeding.

STEP 3

Peel lid completely off Sensor Pack. Unscrew cap from Sensor Applicator.
CAUTION: Sensor codes must match on Sensor Pack and Sensor Applicator or glucose readings will be incorrect.

Prepare Sensor Applicator

STEP 4

Line up dark mark on Sensor Applicator with dark mark on Sensor Pack. On a hard surface, press down firmly on Sensor Applicator until it comes to a stop.

STEP 5

Lift Sensor Applicator out of Sensor Pack.

STEP 6

Sensor Applicator is ready to apply Sensor.
CAUTION: Sensor Applicator now contains a needle. Do not touch inside Sensor Applicator or put it back into Sensor Pack.

Apply Sensor

STEP 7

Place Sensor Applicator over site and push down firmly to apply Sensor.
CAUTION: Do not push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

STEP 8

Gently pull Sensor Applicator away from your body.

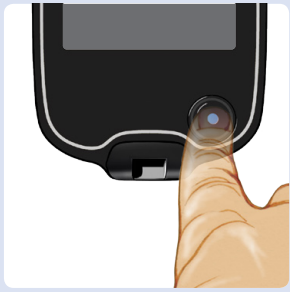
STEP 9

Make sure Sensor is secure. Discard used Sensor Applicator and Sensor Pack according to local regulations.



2 Start new Sensor with Reader

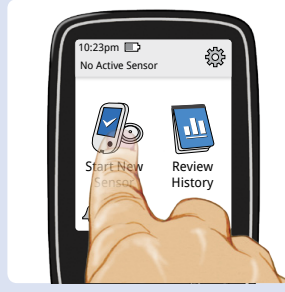
STEP 1



Press Home Button to turn on Reader.

Note: If using Reader for the first time, follow the prompts to set date, time, and target glucose range.

STEP 2



Touch **Start New Sensor**.

STEP 3

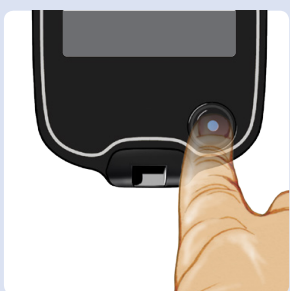


Hold Reader within 1.5 inches (4 cm) of Sensor to scan it.

Sensor can be used to check your glucose after 60 minutes.

3 Check your glucose

STEP 1



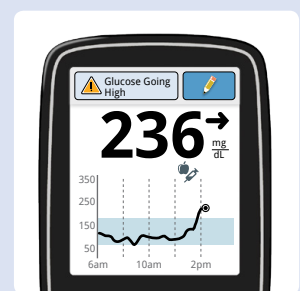
Press Home Button to turn on Reader.

STEP 2



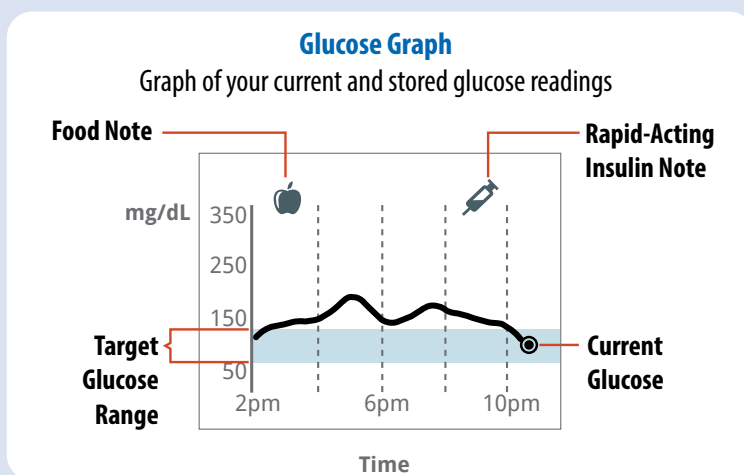
Hold Reader within 1.5 inches (4 cm) of Sensor to scan it.

STEP 3



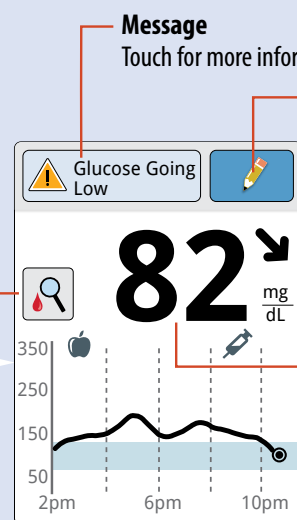
Reader shows your glucose readings.

Understanding your glucose readings



Check Blood Glucose

When you see this symbol, do a blood glucose test before making treatment decisions



Glucose Trend Arrow

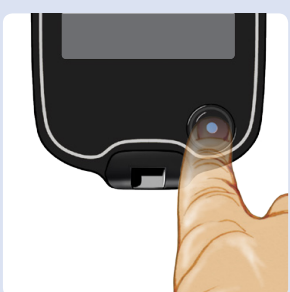
Direction your glucose is going

Arrow	What it means
↑	Glucose rising quickly
↗	Glucose rising
→	Glucose changing slowly
↘	Glucose falling
↓	Glucose falling quickly

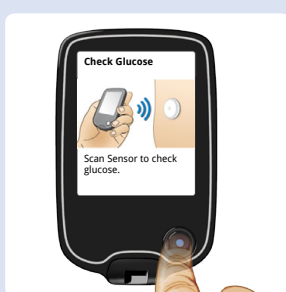
WARNING: When you see the symbol, you must check your blood glucose with a blood glucose meter before making any treatment decisions. Sensor readings may not accurately reflect blood glucose levels.

4 Review your history

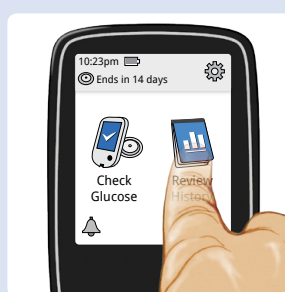
STEP 1



Press Home Button to turn on Reader. Press Home Button again to go to Home Screen.

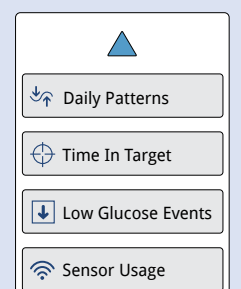
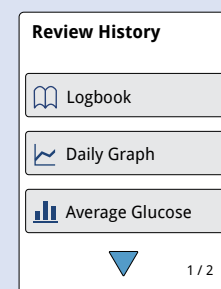


STEP 2



Touch **Review History**.

STEP 3



Select option to view.

If you have followed the instructions described in the User's Manual and are still having difficulty setting up your System or if you are experiencing symptoms that are not consistent with your glucose monitoring, contact your health care professional.

FreeStyle, Libre, and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions.
©2018 Abbott ART39768-001 Rev. A 07/18



Manufacturer
Abbott Diabetes Care Inc.
1360 South Loop Road
Alameda, CA 94502 USA

