

# Marathon Active Ankle Brace

## APPLICATION INSTRUCTIONS

## Fitting and Application:

**1.** Plastic stabilizers are included with each brace and located in a vertical pocket on each side of the ankle. Release the loop tab at the top of the pocket and remove if desired.

2. Brace is designed to be worn over an athletic sock. Thread lace through first four eyelets at bottom of brace. Slide brace on foot and position your heel into the hole at the bottom of the brace. Thread remaining lace through eyelets, tighten lace and tie.

**3.** Grasp medial (inside) figure-8 stabilizing strap and wrap forward across the top of the foot. Continue wrapping strap under the heel and attach hook end of strap to the side of the boot portion of the brace. Repeat process for the lateral (outside) strap.

**4.** Tighten the figure-8 stabilizing straps from a seated position with your foot flat on the floor. Use the finger loops to first free the straps from the loop on the side of the boot. Next pull up firmly on both straps, then press straps back against boot securely.









#### APPLICATION INSTRUCTIONS (cont'd)

**5.** Wrap 3" elastic circumferential strap over tied laces and secure strap.



#### **Care instructions:**

The Marathon Active Ankle Stabilizer may be hand washed using warm water and detergent for delicate fabrics. Remove plastic stays prior to washing. Repeatedly rinse and line dry. Do not use bleach or place in a washer or dryer. Plastic stays can be cleaned using warm water and a mild disinfectant.

#### **Caution:**

This product has been designed and tested based on single patient use. Since it is a single use device it should never be used by multiple patients. If any additional pain or symptoms occur while using this device, seek medical attention.

#### Indications:

Indicated for chronic and acute ankle sprains; control for abnormal ankle eversion or inversion; and as protective sportswear.

### **Contraindications:**

Do not use on fractures. Not for use on patients with circulatory or sensation issues. If swelling, pain, skin irritation or an unusual reaction occurs, discontinue use and consult your medical professional.

#### Warranty:

Products manufactured by Corflex are warranted to the original purchaser against defects in workmanship and material for the life of the product. The foregoing warranty shall not apply to normal wear and tear; or if the product has been subjected to misuse or misapplication the warranty will be voided at the discretion of Corflex.

#### To Reorder:

Product Number							
2XS	XS	S	М	L	XL	2XL	3XL
75-8100	75-8101	75-8102	75-8103	75-8104	75-8105	75-8106	75-8107
Sizing Guide - Circumference							
9"-10"	10"-11"	11"-12"	12"-13"	13"-14"	14"-15"	15"-16"	16"+
Measurement is circumference from base of heel around ankle.							
Sizing Guide - Shoe Size							
Men	6-7	7.5-9	9.5-11	11.5-13	13.5-15	15+	
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Regular	XS	S	М	L	XL	2XL	
Wide	S	М	L	XL	2XL	3XL	
Women	5-6	6.5-8	8.5-10	10.5-12	12.5-14	14+	
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