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KNEE WALKER

PLEASE READ THIS COMPLETELY BEFORE USING

As with any medical device, it must be used properly and treated with respect. Following are some basic instructions to be used with good old-fashioned common sense.

USER WEIGHT LIMIT: 400 lbs.

If you are not comfortable using the unit, do not understand how to operate the Safety Lock Lever, or have ANY concerns about use of this unit, <u>contact us immediately</u>.

- A. When you start using your knee walker:
 - Practice turns slowly until you get the "feel" of the unit.
 - Do NOT mount/dismount on an incline.
 - Stay on hard surfaces and off grass and sand
 - Do NOT use on or over stairs.
- B. Take care to ensure that all hand and height adjustments are secure and that all wheels are in good working order before using the unit. Be sure that the height adjustment knobs are fully tightened. Test for stability before applying full weight to the hand grips.
- C. LOOP HAND BRAKE OPERATION: 1) To slow or stop unit temporarily, pull up on the loops with the fingers until the unit slows or stops. 2) To lock wheels in position, push the hand loops down until you "feel" the hand loops snap into locked position and the brake bars lock onto the wheels. 3) To release the wheel locks, use your fingers to pull the loop handles back towards the handle bar into their original neutral position.
 - Test the loop brakes before operating unit. When wheels are locked, the brake bar on the rear wheels should prevent wheels from turning. If the rear wheels turn while brakes are locked, please bring unit back for adjustment. When loop brakes are released, the wheels should turn freely.
- D. The black knob is for positioning of the locking mechanism. Only the proper tightening of the Safety Lock Lever will safeguard you as you use the walker.
- E. All wheels MUST be in contact with the floor at all times during use. This will ensure the unit is properly balanced.
- F. The following will cause a shift in weight distribution, therefore, to prevent tipping which may result in injury or damage:
 - DO NOT attempt to reach objects if you are kneeling on the knee rest
 - DO NOT hand anything from the frame of the unit. Items should be placed in the tote bag designed for the
 unit (if so equipped).
 - DO NOT add to your load when you are using the unit.
- G. The knee rest is not designed for sitting or supporting full body weight.
- H. This is a walking aid only and not intended for use as a transportation device or a toy scooter.
- I. If push handles are exposed to extreme temperatures (above 100 or below 32 degrees F), high humidity, and/or become wet, ensure handgrips DO NOT twist on frame handle prior to using, otherwise damage or injury may occur.
- J. Replace tires when worn or damaged.

CHECK THE UNIT WEEKLY Nuts and bolts must be snug. Do not over tighten. Reference the user manual for additional information.

PLEASE USE COMMON SENSE

InfoSheet – Knee Walker 2/2017