



## WALKERS

Provide physically impaired or unsteady patients with safety, exceptional stability, and confidence during ambulation.



At all times, the user must follow and abide by all manufacturers' safety and operational procedures.

### STANDARD

1. Does not fold.
2. Adjustable in height by spring-loaded pins.
3. Some are able to be used for added stability over the toilet.

### FOLDING:

1. Folds for ease in storage and fits easily in the back seat of a car.
2. Some have a single release in the middle, others have dual release on either side of the top bar.
3. Available in adult and child sizes.
4. Adjustable in height by spring-loaded pins.
5. Some are able to be used for added stability over the toilet.

### HEMI-WALKER:

1. Same specifications as non-folding walkers but with a single handle in the middle of the walker that can be adjusted for either right or left handed use.

**FITTING:** A properly fitted walker is adjusted for height when wearing the shoes that will be worn while walking with the walker. The top of the handgrips should be approximately at the hip joint and the elbows will be slightly bent (20-30 degree angle). Make sure all walker legs are adjusted to the same height.

**CAUTION:** Be sure that the walker is fully open and locked before use. Keep hands and fingers away from movable parts when opening and folding. If your walker has a seat, the brake must be fully engaged when utilizing the seat. If your walker is of the folding type, make sure the spring buttons are fully engaged.

**SAFETY:** Use extra caution for mobility risks and risks of falling, including:

- A. **Poor Lighting:** Use of nightlights, flashlight by bedside, lamps or light switch that can easily be reached.
- B. **Poor Walk Spaces:** Fix loose floorboards, paint uneven floors, use wet floor signs, keep snow and ice cleared from entrances, ensure carpet is firmly attached to stairs, do not walk in stocking feet, and remove loose rugs, clutter, cords, and excess oxygen tubing (when applicable).
- C. **Equipment:** Replace worn or cracked walkers, crutches and cane tips; use colored oxygen tubing on light carpet; tighten loose handrails.
- D. **Bathroom:** Install grab bars, use bath mats with suction cups, and use elevated toilet seat.
- E. **Medications:** Be aware of medications that may cause dizziness, drowsiness, and unsteadiness.

### MAINTENANCE:

1. Be sure to check the rubber tips and wheels for wear. Worn or damaged tips and wheels must be replaced immediately.
2. Hand grips should be checked for movement or slippage, if applicable, on a regular basis and replaced if damaged. Binson's has replacement tips and handle covers available at the store nearest you.
3. Oil moving parts with regular household oil as needed.
4. Braking mechanisms should be checked for braking ability at least monthly. If your walker does not brake completely, please bring it to Binson's so adjustments can be made.